

SZATMÁRI VERBUNK
(Hungary)

This Verbunk is from Szatmár county, Hungary, and is also known as "Magyar Verbunk."

Pronunciation: SAWT-mahr-ree VEHR-boonk

Record: LPX 18031-32, LPX 18007, LPX 18041. 4/4 meter.

Formation: Solo (Individuals facing the ctr of the room or dance floor.)

MOTIFS

1. Knee bounce.

Starting pos: Ft are together, knees are slightly bent.

ct 1 Straighten the knees

2 Bend the knees

Repeat the same way.

Note: Emphasis is on the straightening.

2. Heel click.

Starting pos: Ft are together, knees bent and the heels are turned outward (pigeontoed).

ct 1 Straighten the knees and at the same time close/click the heels together.

2 Bend the knees and at the same time open/turn the heels outward.

Repeat the same way.

Note: Emphasis is on the clicks. The motif can be done with small jumps, too.

3. Hop-Step.

Starting pos: Wt is on the L ft.

ct 1 Hop on the L ft in place.

2 Step on the R ft fwd or bkwd

Repeat with opp ftwk. With this motif one can move fwd or bkwd.

4. Boot-slapping variations.

a. With the Hop-Step motif the R hand hit/slap the free leg at the inside boottop on each hop.

b. Same as a, but add a slap with R hand on the R thigh on each step.

c. Same as b, but add a slap with L hand on the L thigh between each R hand slap.

THE DANCE

Meas 1-4 Knee bounce #1 eight times.

5-8 Heel click #2 eight times.

9-10 Hop-Step #3 fwd four times.

11-12 Hop-Step #3 bkwd four times.

13-16 Repeat meas 9-12.

Repeat dance from the beginning.

Note: The last two Hop-Steps (meas 16) can be replaced with two running steps and a sharp closing of the ft.

Also during the Hop-Step motifs any of the Boot-slapping variations can be added.

Presented by Andor Czompo