

# KUCINATA

Dance : Yves Moreau  
Meter: 7/8

Region: Dobrudža, Bulgaria  
Hands held up in W position

## Measure: Steps:

Part I Moving to the Right facing LOD

- 1 Stamp with the R as arms swing down, Step L as arms swing fwd
- 2 Repeat Part I Measure 1
- 3 Swing arms back up and Run R, L, R
- 4 Run L, R, L
- 5 Facing Ctr: Hop on L, Step R with leg extended fwd as arms swing down, Step back on L
- 6 Chug back on both feet with arms up, Hold, Strong hop on R leaving L extended
- 7 Hop on R, Step L with leg extended fwd as arms swing down, Step back on R
- 8 Chug back on both feet with arms up, Hold, Strong hop on L leaving R extended
- 9 Moving Left Reverse LOD: XR in front arms swing down, Hold, Step L arms swing fwd
- 10 Repeat Part I Measure 9
- 11 Facing Ctr: Bend fwd on R with bent knee, Hold, Rock back on L
- 12 Facing Ctr: Stamp fwd on R with bent knee, Hold, Fall back on L with R foot slightly out to the side
- 13-16 Repeat Part I Measures 9-12

Part II Circling Right, start diagonally left and continue around to the Right

- 1 Step with the R as arms swing down, Step L as arms swing fwd
- 2 Repeat Part II Measure 1
- 3-4 Swing arms back up, Moving in a semicircle backing out of the circle from right to left: Run R, L, R, and L, R, L \*\*
- 5-16 Repeat Part II Measures 1-4 three more times

\*\* In Part II Measures 3-4 "Yewi Yewi Yew" is often yelled while circling

Notated by

*Jean Hartman2020*